

# Snowdon Trip Information and Permission Form:



We are running a quick trip to the summit of Mt Snowdon, North Wales – the highest mountain in Wales. This is a 24hr trip with an overnight stay at a youth hostel in Wales.

The trip has a short deadline and some very specific but simple kit requirements. Please make sure to read the following if you are interested in attending – the cost of the trip is well below our estimate that was advertised at the start of the year.

## Trip Pack Contents

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### IMPORTANT NOTES FOR ALL APPLICANTS:

- 1) **The deadline for submission of forms to take part in the trip is 6pm on Saturday March 2<sup>nd</sup> – it will not be extended past this time and only the forms submitted will be counted.** If we have enough members to take part in the trip at that point we will run the trip. If not, we will cancel / postpone the trip. Therefore, please make sure to submit your forms at either the meeting on Tuesday or by the deadline to 43 Tile House Green Lane – not afterwards! You will need to submit:
  - a. The intention to camp
  - b. The permission to camp (health form in case of injury / illness)
  - c. Cheque to pay for trip
- 2) **Trip numbers are limited to the places available in the transport.** If you wish to attend it is better to get your forms in sooner rather than later as we will take the first people applying in case of over subscription.
- 3) There are some very minor but essential kit requirements for this trip – due to the nature of the weather we will check these requirements at the point of departure to avoid potential difficulties on the mountain.

# Snowdon Trip Information:



We are running a quick trip to the summit of Mt Snowdon, North Wales - a fantastic, relatively straight forward hike to the summit of the highest mountain in Wales.

**This is a trip FOR ALL MEMBERS to enjoy. However, there are some requirements to be aware of:**

- 1) Whatever the weather at the bottom, it will be cold at the summit. So long as all participants have the equipment specified below they will be warm enough.
- 2) Participants need to make sure they are reasonably fit and without niggles or injuries that will hamper progress to the summit – the cold weather will reduce body temperature and enhance any difficulties.
- 3) The paths to the summit are well laid and used by hundreds of people a day. However, parts of these paths can be hazardous if

guidance isn't followed. As a result, all participants will be under the close supervision of the leader of their particular team and the overall trip leader.

## Dates

This is a one night expedition only. We will be travelling to the Snowdon area as soon as everyone is out of work and school on Friday March 15<sup>th</sup> (5pm? Confirmation to follow) and returning on the evening of Saturday March 16<sup>th</sup>.

## Accommodation

We will be staying at Bryn Gwynant Youth Hostel, just four miles from the start of our walk to the summit of the mountain. The hostel overlooks Lake Gwynant and faces the summit of Snowdon. We will be staying the night before the expedition and will enjoy a hot cooked breakfast before we depart for the expedition on Saturday.



As we are staying in a hostel we don't need to pack any bedding items – everything is provided by the hostel.

## Weather

The usual weather in March is 9 degs during the day, maybe with a bit of sun or light rain, 3 or 4 degs overnight. It could be warmer or it could be cooler with rain. Whatever the air temperature is at the start point, it will be 9 degrees or more cooler at the summit and with a wind chill factor to take into account as well. If there are significant snowfalls on the mountain which will not clear by the time we go we will need to consider a different destination or date for the trip. This weather doesn't present any problems so long as trippers have suitable clothing for the walk. Details below.

## Transport

We will be using mini bus transport provided by Solihull youth Service.

## Activities & Schedule

The program for the trip is as follows:

Date	Activity / Event
Friday March 15 <sup>th</sup>	<ul style="list-style-type: none"><li>• Meet at Knowle Long Stay Car Park at 5.00pm</li><li>• Fish &amp; Chips on journey</li></ul>

- Travel to Bryn Gwynant Youth Hostel

Saturday March  
16<sup>th</sup>

- Get up, pack up
- Hot Breakfast at youth hostel
- Leave hostel by 9.30am
- Arrive at Pen-y-pass car park and start route by 10.30am
- Arrive back at car park at 4pm latest.
- Return to Knowle, visit McDonalds on route.
- Arrive at Knowle Long Stay Car Park for 7.30pm.

## Equipment:

The weather will have every potential for rain, snow, sun, hail, wind, whatever – but it WILL be cold at the top. However, some sensible equipment will be all that is needed to enjoy the trip in comfort. You won't be cold or wet at all if you have the right equipment.

A kit list is provided on the last page, but the important items are:

- Rucksack: you will need **at least** a 25 litre back pack to carry all your own gear as well as some team gear.
- Hat & Gloves: you will need **TWO** sets of each!!
- Waterproofs: the weather can still be pretty changeable at this time of year.
- Proper Walking boots are essential: you need to make sure you have boots, not cross trainers, shoes etc. You will need a good level of foot & ankle support. If you don't have them you can get them at Oswald Bailey. Look for a boot with a good leather upper, or a water resistant soft outer. Don't spend a fortune, but don't skimp either!! If they don't have anything for you, try Go Outdoors in Coventry, but don't take their specials as they tend to be a bit rubbish - you always get what you pay for.

The kit list is supplied at the end.

## Leaders:

The leaders on this trip are as follows:

### Leader

### A little about them, in case you didn't already know

#### Simon Thomas

**Likes:** Curry, Muse concerts, Yachting & Water Skiing.

**Dislikes:** Fishing, Birmingham City, Westlife & Queues

**Age:** about 12

Simon has been planning and running trips for youth groups for 15 years and ran over 40 trips during his time as a scout leader. Simon has extensive mountain experience, has just completed his Basic Expedition Leader award and completed his Gold D Of E whilst still just 15. He's a very smart fella!

Having worked in the U.S. for 16 years, Simon is also a waterfront activities director at a kids summer camp in Maine, USA.

#### Stu Knight

**Likes:** Aston Villa like gods

**Dislikes:** Fishing, Birmingham City, Westlife & Queues

**Age:** 57, looks good doesn't he!

Stu is a new leader with CAG and enjoys getting out and about at weekends.

Stu has just been on his first CAG trip: overseas for a bit of Skiing in Bardonnechia!!

#### Ian Carlington

**Likes:** vans

**Dislikes:** Birmingham City or anything to do with football

**Age:** 97

Ian is an outdoor god – Ray Mears learnt everything off him!

Ian is a regular CAG leader and has been on many outdoor expeditions with us.

## Home Contact Details:

During the trip the home contact, in case of emergency, will be Phillippa Holroyd. Her details are as follows:

Home tel: 015654 773393  
Mobile Tel: 07754 544180  
Email: Phillippa.holroyd@tiscali.co.uk

These details should only be used in case of emergency. Phillippa will also update you if a later return than planned is anticipated.

## **Trip Cost**

The trip will cost £48.

A little bit of money for fish and chips on the way to Wales on Friday will be required. You will not need any money for food or anything thereafter but will need to bring a packed lunch to eat on the way up and down the mountain.

Cheques should be made payable to "Challenge Adventure Group" and returned with your form.

## **Application & Fee**

To apply to go on the trip please return your form AND trip fee to the next meeting or:

**Chris Kehoe**  
**43 Tilehouse Green Lane**  
**Knowle, Solihull**  
**West Midlands**  
**B93 9EZ**

**Please return your form to the address above by 6pm, Saturday 2<sup>nd</sup> March!!**  
**THIS IS A SHORT DEADLINE!!**

If you can't return your forms by that time please email [chris@challengeadventure.org](mailto:chris@challengeadventure.org) to notify him of your intention to camp. A deposit will be required in this case.

# Intention to Camp:

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## Snowdon Hiking Weekend

Your name:

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Name of CAG member intending to take part in the trip:

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I understand the cost of the trip will be £48

I understand the trip will run from the dates of March 15<sup>th</sup> – 16<sup>th</sup>. I enclose the trip fee (non-refundable in the case of acceptance on the trip) payable to “Challenge Adventure Group” (not “CAG”).

I understand the deadline for application and payment will be 6pm on **Saturday March 2<sup>nd</sup> 2013**. If I don't complete the payment by that date I understand my son's place may be offered to another CAG member.

By signing this form I confirm that the above named CAG member will take part in the trip, and I will be liable for the full cost of the trip, unless otherwise notified by the leader in charge, in the event that my son will not be able to take part for whatever reason.

Signed:

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Date:

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## Equipment Rental

I would like to borrow a sleeping bag and sleeping mat:

Yes

No

I would like to borrow a rucksack:

Yes

No

I understand the sleeping bags need to be cleaned & aired and the mats to be wiped clean before returning them. I undertake to return the equipment in its original condition and will make good any requirements for repair or replacement for whatever reason whilst in my possession.

I understand the equipment is rented out on a first come first serve basis.

# Permission to Camp:



## Snowdon Hiking Weekend

To be signed by a parent / guardian. Please complete legibly in black ink.

Please return the lower section of this form signed and dated by 6pm on **Saturday March 2<sup>nd</sup>** to Chris Kehoe at: **43 Tile House Green Lane, Knowle, Solihull, West Midlands, B93 9EZ or the next meeting.**

The trip will take place at:

**Bryn Gwynant Youth Hostel, Nantgwynant,  
Caernarfon LL55 4NP**

The trip will take place on March 15<sup>th</sup> – 16<sup>th</sup>.

We are leaving from Knowle Car Park (behind the library) on March 15<sup>th</sup> at 5.00pm and will return at 7.30pm on March 16<sup>th</sup> 17<sup>th</sup>.

The cost of the trip is £48.

No responsibility for the personal equipment / clothing and effects can be accepted by the camp organisers and Challenge Adventure Group does not provide automatic insurance cover in respect to such items.

I give permission for

Does he / she have any special needs? Please continue overleaf if necessary.

to attend the Snowdon Hiking Trip on March 15<sup>th</sup> – 16<sup>th</sup>.

Does he / she have any conditions that may prevent him / her from taking part in the programmed activities?

Has she / he been in contact with any infectious diseases within the last three weeks:

Yes  No

Yes  No

Date of last tetanus immunisation: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

If so, please provide details below. Please continue overleaf if necessary.

Medicines currently being taken:

Name and address of own doctor:

Does she / he have any allergies to food, medicines or other? Please provide details.

Date of birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Does he / she have any special dietary needs? Please provide details.

During the event I can be contacted in an emergency at:

Address: \_\_\_\_\_

Telephone number: \_\_\_\_\_

Mobile Number: \_\_\_\_\_

I understand that the Leader reserves the right to send any participants home if necessary. If it becomes necessary for my child to receive medical treatment and I cannot be contacted by telephone or any other means to authorise this, I hereby give my general consent to any necessary medical treatment and authorise the leader in charge of the trip to sign any document required by the hospital authorities.

**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Note: The medical profession takes the view that the parent's consent to medical treatment cannot be delegated. This view is explicit in the Children Act 1989. Thus medical consent forms have no legal status and a doctor/nurse insisting on the consent of a parent to a particular treatment has the right to do so.

# Kit List:



## Snowdon Hiking Weekend

You will need the following:

- Plenty of thin layers
- **Two sets of Gloves** (main and a replacement pair if the first blow away!)
- **Two hats** (preferably fleece – ditto the blowing away)
- Waterproof jacket and trousers
- Walking boots

The following list is a minimum that you must bring.

**You must have WATERPROOFS.** That doesn't mean 'showerproof', but WATERPROOF. If you need to get equipment, some suggestions for you:

- Go to Oswald Bailey in Solihull – they will give you 10% discount if you mention you are with Challenge Adventure Group (ask them to put it down as a scout discount if they look confused).
- If you need to buy boots: don't spend a fortune! You will be able to get a very reasonably priced set of boots that are sturdy and not too padded. The spongy cheap padded boots will rub so don't buy these either. Get leather uppers if possible, they will be more waterproof and last longer.

### Required!!

- Underwear x 1
- Socks x 2
- T shirts x 1
- Two thin sweatshirts or fleece (preferable)
- Warm Jacket
- **TWO** Hat & gloves – not wool!! You will be checked on this item!!!
- Rucksack of at least 25 litres minimum - essential
- Torch & Spare Batteries
- Water bottle
- Spare plastic bags for dirty / wet clothes
- Personal First Aid Kit
- Walking boots & walking boot socks
- Thermal underclothing: top and bottom
- Wicking undershirt??
- Waterproof Jacket
- Waterproof Trousers
- Lunch

### Please note:

Cotton clothing will pick up moisture very quickly and won't dry in the conditions we will be in. Please make sure that you don't bring cotton clothing if you can.

### Naming Items:

Please make sure all of your items are suitably marked or named so that you can reclaim them. We always have items of clothing left over that probably amount to over £100. If they are named we will be able to get them back to you. Call Simon on 07808 481688 if you have any questions.

### For hot drinks / soup:

- A 'spork' (spoon & fork in one)
- Plastic / metal cup

### Optional

- Cards
- Camera
- A full washkit which may be left in the vehicles if required.

### Do NOT bring:

- A knife of any kind – you won't need it
- Mobile Phone!!!!!!
- Ipod or other music player if you don't want to damage it – it will be your responsibility.
- PSP / Game Boy Advance, etc ditto.

### Spending money:

There will not be any opportunities at all to spend money other than during the trip to and from Snowdon. There is the cafe at the summit but this may not be open so we aren't planning on using it. If you wish to bring some money £10 will be more than enough.