Challenge Adventure Group

First Aid Policy

Where the assessment of needs indicates that the activities taking place on the premises are such that a qualified first-aider is not necessary, the minimum requirement is to 'appoint' a person to take charge of the first aid arrangements, including looking after the equipment and facilities, and calling the emergency services when required.



It is recommended that, as a matter of good practice, at least one person with a relevant first aid qualification should be present at any youth activity. Failing that, there should always be an 'appointed' person with responsibility for first aid, although that person need not hold a relevant qualification in first aid. A failure to provide first aid to young people when they are injured during an activity could lead to a claim for damages for negligence if the young person suffers damage as a result.

First aid is defined as follows:

- 1. In cases where a person will need help from a medical practitioner or nurse, treatment for the purpose of preserving life and minimising the consequences of injury and illness until such help is obtained; and
- 2. Treatment of minor injuries which would otherwise receive no treatment or which do not need treatment by a medical practitioner or nurse

First-aiders should not step beyond the definition of first aid, or seek to provide treatment beyond their competence.

It is essential to provide a book in which to record incidents and injuries.

In the event of a serious injury or incident there may be a duty to report an accident to the Health and Safety Executive or to the Environmental Health Department or to the Local Authority. For further information contact the Health and Safety Executive Information Centre, Broad Lane, Sheffield, S3 7HQ (www.hse.gov.uk) Tel: 08701 545500