

# Devon Surfing and Beach Games – 29 June - 1 July 2018

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**THE BEST TRIP WE HAVE EVER RUN SO FAR!!!**

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# Trip Information and Permission Form

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## Devon Surfing and Beach Games – 29 June - 1 July 2018 – THE BEST TRIP WE HAVE EVER RUN SO FAR!!!

### Introduction

As you know from the program, we are running a weekend of Surfing and Beach Games on the weekend of 29 June - 1 July 2018. Yes, the dates have changed due to those pesky GCSEs.

Of those who went last year some said this was the best trip they'd been on, some said it was the best trip EVER, and when we returned EVERYONE said that they wanted to do it again next year so here we go!

Come on the trip and get an early taste of summer with your mates and judge for yourself!!

We've got two activities set up: surfing and Beach Games.

Don't know what they are? Read on!!

We'll be staying indoors at a fantastic hostel in the coastal town of Ilfracombe, within a stones throw of the beach and historic harbour.

We will start on the Friday evening by travelling by car to Ilfracombe, settling into the accommodation and getting an early night for the activities the next day.

We will provide all major equipment and food, all you need to do is bring yourselves with some clothes – you don't even need a sleeping bag or wetsuit, all bedding and water gear is provided.

**This is an absolutely brilliant trip, read on!!!!**

### Activities

We'll be revisiting Hunter Surf School who looked after us so well last September and taught us the ways of the mystic art of surfing. And yes, it was a legendary activity, and yes, our instructors were VERY cool dudes who said stuff like 'pumped' and 'psyched' and yes, some of us did actually stand up on the board and ride those waves. Feel the sand between your toes, taste the salty sea air and immerse yourself in some stunning waves so you too can be officially called cool dudes. Awesome!



We'll be spending all of Saturday surfing - or bodyboarding if you can't stand up - and then back to the ranch for food, frolics and maybe a moonlit walk through town.

There's more.....

After our day of surfing we will be spending Sunday morning on the beach.

Do you remember in the olden days before xBox, DS and Smart phones when your parents would take you to the beach whatever the weather (well we are British you know) to play cricket, frisbee, rounders, football, and you used to build dams and sandcastles

and dig holes for no reason? Well that's what we'll be doing. And maybe an ice cream or some fish and chips to complete the perfect weekend before we get into the cars for the return home.

All the activities are instructor led by insured and qualified specialists.

## Accommodation

We will be staying at Ocean Backpackers (<http://www.oceanbackpackers.co.uk/>) for both nights.

This is an award winning independent hostel, famous with surfers and school groups and will provide everything we need during our stay, including all our bedding so we don't need to take any!

We will be self catering so whatever your likes or dislikes, we can probably accommodate them.

## Location and Local Area

Whilst we will be staying in Ilfracombe, we will be surfing from Woolacombe, a short drive away.

Ilfracombe is a historic village with stunning views and is an area of outstanding natural beauty. The town is centred around a picturesque harbour and with breath taking coastal scenery, seaside fun, rural tranquillity and centuries of heritage and style, tourists have been attracted here since Victorian times and it is still a favourite holidaying destination for Brits looking for some fresh sea air and summer sunshine!

Woolacombe beach is an award-winning beach, voted Number 1 in the UK on Tripadvisor in 2015 & 2016!! This three-mile long stretch of golden sand is renowned for its cleanliness, water quality and facilities. Lifeguards ensure safe family swimming during the summer and surfers come from all over the country to enjoy the great waves and clean water.

## Weather

The usual weather in June is normally quite good – but it could still rain and be a little cool although we hope it won't be. Temperatures are usually in the 18 – 20 degrees area, so good for the time of year, but that doesn't matter as we'll be in the water most of the time and the water is almost at its warmest all year. Whatever the weather, we'll be wet and warm at 16 degrees in the sea and our thick wetsuits.

If you need advice on equipment please let us know - you won't need any, it's all provided!!

## Transport

We will be using cars to transport everyone with kit and boats to Devon – all you have to do is turn up to Bickers on the Friday night and get in. We'll get you there and back.

## Activities & Schedule

The program for the trip is as follows:

Date	Activity / Event
Friday 29 June	<ul style="list-style-type: none"><li>• Meet at Bickers at 5.30pm</li><li>• Travel to Devon – fish &amp; chips on route</li><li>• Get into accommodation</li><li>• Quick walk around town if poss</li><li>• Quick snack</li><li>• Bed</li></ul>
Saturday 30 June	<ul style="list-style-type: none"><li>• Up, breakfast</li><li>• Make packed lunch &amp; out on to Woolacombe for the day</li><li>• First half of day: Surf lessons</li><li>• Lunch on the beach</li></ul>

- Second half of day: More Surf lessons
- Back to Ilfracombe with tales of huge curling waves and looking like gods.
- Cook dinner, eat
- Get to bed at some point

Sunday 1 July

- Up, breakfast
- Pack up hostel
- Make packed lunch & out for the day
- Build sand castles, play frisbee, play rounders, probably get a bit wet again
- Lunch on the beach
- Back in cars to drive home
- Return home to Bickers for 5.30pm - ish.

## Equipment

The weather should be warmish and who cares if it rains, we'll be in the water anyway!

All the technical kit is provided, the most you will have to provide are swimshorts and a towel!

## Leaders

The leaders on this trip are as follows:

### Leader

### A little about them, in case you didn't already know

#### Simon Thomas

**Likes:** Aston Villa, Curry, Muse concerts, offshore yachting & Water Skiing.

**Dislikes:** Fishing, cats, Snooker Birmingham City, Bear Grylls, Westlife, queues, Halifax bank adverts

**Age:** about 12

Simon is now officially a Mountain Leader which means he can lead you up the garden path, round the Wrekin and not into temptation but he will mostly lead you astray if you let him. His favourite geographical feature is the Franz Josef glacier on the west coast of New Zealand due to its sheer magnificence, its breathtaking grandeur and the fact that it would provide a lifetime supply of ice for your early evening Hendricks and Fevertree tonic (cucumber garnish).

**Interesting Fact:** Simon's waterproof jacket is so waterproof that once, during a particularly unexpected squall in the Lake District, the rainwater dripped off it at such a rate and at such speed that a new body of water was formed and was subsequently named 'Simon's Water'

#### Anthony Wilkes

**Likes:** Shoots & leaves, anything edible preferably green without eyes or hooves, tie/dye underwear, Brazilians

**Dislikes:** Jeremy Corbyn, Japanese fighting fish, French skipping and jellied eels

**Age:** 35

Ant has been with CAG for longer than we would have liked and despite us trying to get rid of him to Donald Trumpland he keeps turning up like a bad penny every so often. Fortunately, he is pretty good with kids and can speak their language as long as it's mainly in pictures. Ant collects horseshoes for good luck but as yet has not worked out how to remove them from the horses so he has a sideline selling well rotted manure to the local allotment society.

**Interesting Fact:** Ant recently saved a baby lamb from an untimely death in Snowdonia and was awarded a hand reared sheepskin coat made from real sheeps by the Lord High Sheepness of Wales - baaa!

#### Ruth Billingham

**Likes:** Gin, making up stories and Ted

**Dislikes:** Everything not gin, mussels, cheap tonic and caterpillars

**Age:** 21

Ruth longs to live the high life and consequently spends most of her time with her head in the clouds. She has recently bought a fortnight in a timeshare yurt somewhere in the Himalayas but is so rubbish at map reading has yet to find it. She has vowed to never in her lifetime play foxy bingo although she can't resist a game of mousetrap using real mice and plenty of cheese.

**Interesting fact:** Ruth can never go barefoot as, in a bid to become a hobbit 5 years ago, the hair transplant she had on her feet went horribly wrong and she now has to shave them three times a day.

## Jerome Ment

**Likes:** Biltong, Wildebeest, running, hearts and being formidable

**Dislikes:** Gaming, BGT, washing up gloves and Spongebob Squarepants

**Age:** 65

Jerome likes to keep a low profile as he is on the run from fashion police and has been since the mid 1970s. His love of flares and the fact his bicycle of choice is a chopper strangely hasn't held him back career wise and he is at the top of his game in the world of cardiology. He owns an extensive collection of stents and has nearly completed a film, years in the making, entitled 'Saving Private Ryan: bare metal stents on the battlefield' which is set to be a blockbuster in an incredibly niche market.

**Interesting fact:** Jerome is formidable, has always been and will always be, but he has a soft spot for crocodiles and everything gator. He once wrestled one as a bet and came out the victor - next time you see him check out his shiny new shoes....

## Home Contact Details

To be confirmed.

## Trip Cost

The trip is £140. We appreciate this is a big cost but it's also the best trip of the year, so far, by far - excluding the ski trip, which was awesome!!

Alternatively speaking, this is about three good car washes, so easily attainable if you get out and wash! If you haven't done enough washing by the time we go, do it afterwards!

If this is a barrier to participation please let us know. We want as many people as possible to take part so if you have a question about affordability we can help.

## Payment Instalments

In order to spread the cost we will operate the following payment plan:

- Initial payment with application by May 8<sup>th</sup>: £40
- Second payment to be received by May 25<sup>th</sup>: £40
- Final payment to be received by June 22<sup>nd</sup>: £60

All payments are to be sent online (electronically – no cash or cheques please) to:

- Sort code: 402622
- Account: 41271806
- Payment reference: son's name and "Devon"

If you wish to pay in one instalment in advance, please do so, we won't stop you.

## Application

To apply to go on the trip please return your form to:

**Ruth Billingham**  
**1603 Warwick Road**  
**Knowle, Solihull**  
**B93 9LF**

**Please return your form to the address above by Tuesday May 8<sup>th</sup>!! If you want to bring your forms to a meeting night please do so. If you want to bring them back as soon as possible, please do, that will really help!**

If you can't return your forms by that time please email [simon@challengeadventure.org](mailto:simon@challengeadventure.org) to notify him of your intention to take part.

# Intention to Participate:

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**Your name:**

**Name of CAG member intending to take part in the trip:**

I understand the cost of the trip will be £140 and have paid either the first instalment of £40 or whole trip cost of £140 online, please indicate:

☐ I have paid first instalment of £40 online

☐ I have paid whole trip cost of £140 online

I understand the trip will run from the dates of 29 June - 1 July 2018.

I understand the deadline for application and payment of any rental fees will be **Friday 22 June 2018**. If I don't complete the payment by that date I understand my son's place may be offered to another CAG member.

By signing this form I confirm that the above named CAG member will take part in the trip, and I will be liable for the full cost of the trip, unless otherwise notified by the leader in charge, in the event that my son will not be able to take part for whatever reason.

**Signed:**

**Date:**

# Permission and Health Form:



## Devon Surfing and Beach Games – 29 June - 1 July 2018

To be signed by a parent / guardian. Please complete legibly in black ink.

Please return the lower section of this form signed and dated by **Tuesday 8 May 2018** to Ruth Billingham at: **1603 Warwick Road, Knowle, Solihull, B93 9LF or the next meeting.**

The trip will take place at:

**Ocean Backpackers, Ilfracombe and Woolacombe Beach.**

The trip will take place on 29 June - 1 July 2018.

We are leaving from Bickenhill on 29 June at 5.30pm and will return at 5.30pm on 1 July.

The cost of the trip is **£140**.

No responsibility for the personal equipment / clothing and effects can be accepted by the camp organisers and Challenge Adventure Group does not provide automatic insurance cover in respect to such items.

I give permission for

to attend the Devon Surfing and Beach Games Trip on 29 June - 1 July 2018.

Has he been in contact with any infectious diseases within the last three weeks:

☐ Yes

☐ No

Date of last tetanus immunisation: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Medicines currently being taken:

Does he have any allergies to food, medicines or other? Please provide details.

Does he have any special dietary needs? Please provide details.

Does he have any special needs? Please continue overleaf if necessary.

Does he have any conditions that may prevent him from taking part in the programmed activities?

☐ Yes

☐ No

If so, please provide details below. Please continue overleaf if necessary.

Name and address of own doctor:

Date of birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

During the event I can be contacted in an emergency at:

Address: \_\_\_\_\_

Telephone number: \_\_\_\_\_

Mobile Number: \_\_\_\_\_

I understand that the Leader reserves the right to send any participants home if necessary and that I may be requested to pick up my child from any location on the trip. If it becomes necessary for my child to receive medical treatment and I cannot be contacted by telephone or any other means to authorise this, I hereby give my general consent to any necessary medical treatment and authorise the leader in charge of the trip to sign any document required by the hospital authorities.

**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Note: The medical profession takes the view that the parent's consent to medical treatment cannot be delegated. This view is explicit in the Children Act 1989. Thus medical consent forms have no legal status and a doctor/nurse insisting on the consent of a parent to a particular treatment has the right to do so.



# Kit List:

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## Devon Surfing and Beach Games – 29 June - 1 July 2018

You will need the following:

- Some thin layers
- Waterproofs
- A set of clothes to travel home in

You will need a set of under clothes to wear under the wet suit, such as swim shorts and rash vest. The following list is a minimum that you must bring.

**You must have WATERPROOFS.** That doesn't mean 'showerproof', but WATERPROOF. If you need to get equipment, some suggestions for you:

- Go to Millets in Solihull – they will give you 10% discount if you mention you are with Challenge Adventure Group (ask them to put it down as a scout discount if they look confused).

### Required!!

- Underwear x 2
- Socks x 2
- T shirts x 2
- Swimshorts x 2
- Wetsuit under shirt (old t-shirt) x 2
- Shorts / trousers x 1
- Fleece pullover / jacket (not sweatshirt!!)
- Warm Jacket
- Water bottle
- Spare plastic bags for dirty / wet clothes
- Personal First Aid Kit
- Waterproof Jacket
- Waterproof Trousers
- Towel

### Optional

- Thermal underclothing: top and bottom
- Cards
- Camera
- Gloves & Hat
- A full washkit – if it will be used? Don't bother if it won't

### Do NOT bring:

- A knife of any kind – you won't need it and we'll take it off you!
- Mobile Phone!!!!!! There's no signal there.
- Ipod or other music player if you don't want to damage it – it will be your responsibility.
- PSP / Game Boy Advance, etc ditto.

### Please note:

Cotton clothing will pick up moisture very quickly and won't dry in the conditions we will be in. Please make sure that you don't bring cotton clothing if you can.

### Spending money:

There will be opportunities to spend money, both on the trips there and back and also on Saturday evening. There are the usual gift shops full of mostly nonsense, if you want some nonsense in your life bring as much money as you want. We will look after it for you if you wish, but we can't be responsible for any losses.

### Naming Items:

Please make sure all of your items are suitably marked or named so that you can reclaim them. We always have items of clothing left over that probably amount to over £100. If they are named we will be able to get them back to you. Call Simon on 07808 481688 if you have any questions.